

Child's Hospital Gown Instructions



Front View



Back View

Each gown will need:

- 1 Front piece
- 2 (mirrored) Back Pieces
- 2 sleeves (each with 2 mirrored pieces)
- 6 ties
- Snap fastener tape / velcro
- C forC label
- Size label

Instructions

Take each tie & fold over 1 end and stitch.



Lay the front gown piece with right side facing up. Place one back gown piece on top, right sides together, with shoulders and armholes in line. Repeat with the other side. The two pieces will overlap





Take the tie position template and 3 ties. Position 2 ties (raw edges) between the fabric in the left seam (ties inside the gown). On the right seam, use the top marker and place it on top of the back fabric. (This tie will end up inside the gown when finished) Pin the ties and side seam.



Take the template and the 3 remaining ties and attach to the curved edges of the back pieces. Attach 1 to the left piece using the top position and the remaining 2 on the right piece. See the photo left.

Check that the raw edges of the ties have their raw edges pinned and the finished edge out.



Sew along the 2 side edges of the gown using either an overlocker or sew a 3/8" seam allowance and zigzag over the raw edges to finish and secure the ties.



Sew the remaining 3 ties in place.





Take two sleeve pieces and place them right sides together. Sew along the shorter side edges (the sleeves underarm seam). Repeat. See photo left.



Take a sleeve and pin (right sides together) it's curved edges to the underarm curve of the gown, lining up the seams.

NB the sleeve will remain open at the top of the gown so the snap fastner tape can be added.

Sew the sleeves in place with overlocker or 3/8" seam and zigzag.



Finish all the remaining raw edges, including the neck, sleeve edges and gown edges with overlocker or zigzag stitch.

Fold under the finished edge and sew to create a hem.





At the top of the shoulders, cut the snap fastener tape to match the width of the shoulder edges. Fold under the cut edges of the tape or use fray check if you have any.

Attach the tape to the inside of the front and the outside of the back. Tuck the labels under the tape as shown.

You may find it easier to use a zipper foot to sew round the fastener tape.

You have finished!

Check to make sure the snaps are all functional and that the ties in your finished gown can be tied to their coordinating ties.

Please wash before returning your finished item to HQ.

Thank you

