

Sleep Mask Instructions

You will need :

Pattern

- 1 piece of rainbow fabric (front)
- 1 piece of brushed cotton(lining)
- 1 piece of batting
- 15" elastic



1) Use the larger template to cut 2 pieces from fabric and one of batting.

2) Pin/clip the fold-over elastic to the right side of the rainbow piece. The elastic ends will peek out on the sides, you can cut them off later. Also, make sure the elastic won't get in the way when sewing.



3) Now, place the brushed cotton lining down on the front piece. The elastic will be sandwiched between them. Add the batting on top.

4) Stitch around, leaving a 3" (7cm) gap at the top edge, for turning. Go slowly and use a short stitch length, it will make sewing curves easier.

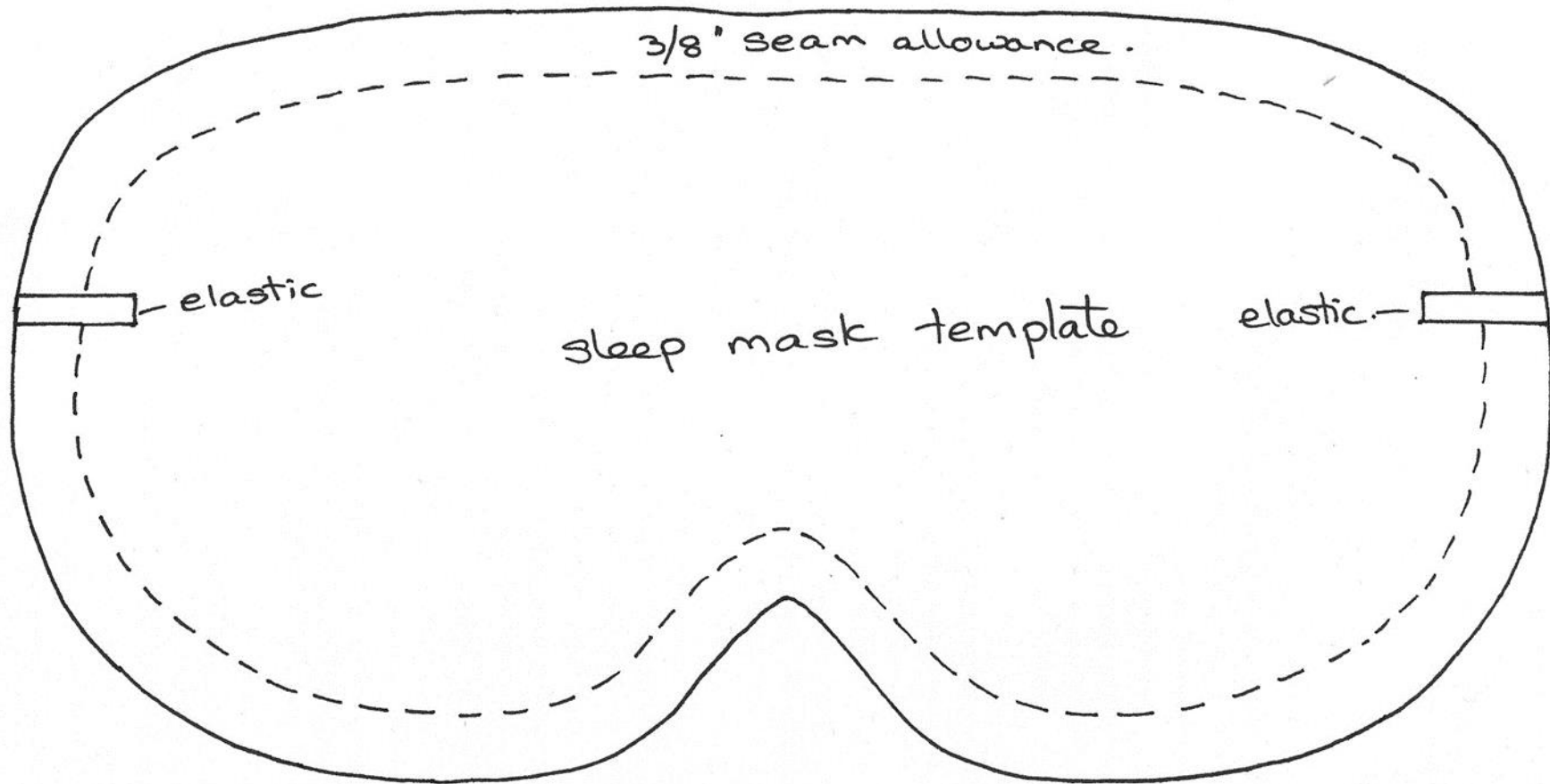


5) Trim the seam allowance, using pinking shears, taking care not to snip into any stitches. Also carefully clip into the seam allowance in the 'nose' area, just a few threads away from the stitch. It will release the tension when turning that seam right-side out and prevent puckers.

Once you've sewn the layers together, trim the batting very close to the seam.

7) Turn right side out and press. Then close the turning hole. You can do this by topstitching all around the sleep mask, or by hand-stitching. Ladder stitch works great, as always!





1"
square
test.

